

WEMA Project

Working Together To Find Solutions



MISSION

Provide culturally relevant services to inspire families from the Black, African and Muslim Communities in Toronto.

Values:

Working together with respect, care and compassion.

What we do:

Farah Family Solutions is a private practice providing culturally enriching and appropriate services that assist individuals and families find solutions to their needs. We create hope within individuals and inspire them to break through barriers to a world of possibilities.

Our aim is to assist our clients in providing pathways for them to achieve their full potential and contribute to improving their health, well being and quality of life.

Vision:

To be a leader in the transformation that would ensure equity and equality for Black, African and Muslim children and their families



OUR APPROACH:

Afro-Centric Principals of Intervention

Umoja - Unity - Service for and maintain unity in the family and community

Kujichagulia - Self Determination - Define ourselves, create for ourselves, name ourselves

Ujima - Collective work and Responsibility

Ujamaa- Cooperation- working together

Nia - Purpose

Kuumba- Creativity

Imani - Faith- To believe in higher power, our people, our parents, our teachers and leaders and the righteousness and victory of our struggle

Culturally grounded, encompassing, intersectionality of race, gender, ethnicity, social class, ability, sexuality and spirituality. This approach acknowledges African cultural resiliency as a foundation to help solve pressing social problems that diminish human potential and preclude positive social change.

This approach aims at working with parents, children and youth of African heritage involved with CAS, - struggling with managing their children when faced with many intersectional and conflicting problems.

Provide one-on-one and group counselling of youth and their families.



ACCEPTING CLIENTS 416 606 4247